



DECREASING LEAD POISONING RISK



Wash children's hands often, especially before eating and sleeping.

Wash toys, pacifiers and bottles often.

Keep fans out of windows.

Ask your doctor to test your child's blood lead level at yearly check-ups.

Damp-clean floors, window sills, window wells, and other woodwork weekly.

Do not dry scrape or sand and do not heat or burn paint.

Fix chipping/peeling paint or contact your landlord.

During home repairs keep children, pregnant women and pets out of home.

Place baby's crib & furniture away from window areas with chipping/peeling paint.

Make sure children eat regular meals high in iron, calcium and vitamins C.

Run your tap water for one minute before using.

Flush cleaning water in the toilet and never pour in the sink, bathtub or on your lawn.

Use only cold water for cooking food and mixing baby formula.

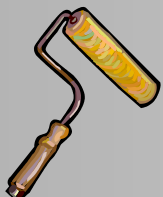
Only allow children to play in grassy areas where there is no bare soil.

Repair building or plumbing leaks or contact your landlord.

Store foods in closed containers made of plastic or glass.



CONTACT THE ONEIDA COUNTY HEALTH DEPARTMENT'S CHILDHOOD LEAD POISONING PREVENTION PROGRAM AT 315-798-5842 IF YOU HAVE ANY QUESTIONS RELATED TO LEAD POISONING.



"Promoting and Protecting the Health of Oneida County"

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